



# Is your quality of life suffering because of a heart or lung condition?

If so, ask your doctor about Cardiopulmonary Rehabilitation (CPR)

## Conditions responsive to rehab:

- Asthma
- Interstitial lung disease
- Congenital heart defects/Angina
- Heart attack/heart failure
- Heart valve repair or replacement
- Heart or lung transplant
- Angioplasty or coronary artery bypass

## Benefits may include:

- Reduced symptoms of shortness of breath, chest pain and fatigue
- Reduced emotional stress, depression and anxiety
- Improved flexibility and muscle tone
- Improved energy level and mood
- Quicker return to work or other activities
- Reduced medication costs

For more information call: **620-896-7324 x347**

**HD6**  
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